

July 2023

Volume 9, Issue 3

Communications Team

- Cindy Lynk
- Deanna Saragosa
- Erin Pringle
- Jordan Falcon
- Jaime Lawler

Member Spotlight By Erin Pringle



Susan Ogurek is passionate about serving others. It's what originally drew her to working at Job Service North Dakota. "Having the opportunity to empower our customers, whether it is a job seeker or an employer, helping them connect," she says. She loves when a job seeker reports that they "got the job!" or an employer sends a Thank-You for referring someone for an open position. "Either way, you've made a difference in someone's life." Susan said that is the most rewarding part of her work.

Susan's in her 14th year with Job Service North Dakota.

She is currently the Workforce Center Manager in Minot but began her time with the agency serving as the Veterans Employment Representative from 2010 to 2017. "I can hardly believe how long I've been here," she says. "It has been amazing and gone by fast!"

When she's not working, Susan can be found spending time with her husband of 35 years and her menagerie of fur and feather friends. She has three dogs (Hank, Molly, and River), one cat (Pepper), two horses (Ace and Dancer), six cows (Vanna, Buttercup, Joy, Kiwi, Lola, and KC), and

over twenty unnamed chickens. "I'm crazy, but not that crazy!" Susan jokes. She enjoys gardening (of the flower and vegetable/fruit varieties), camping, photography, bird watching, and horseback riding. "The common theme is enjoying God's beautiful creation!" she says. Depending on the season, Susan might be out harvesting her garden, hunting, or baking – all of which she does with her husband.

Let's get to know Susan a bit more with a lightning round of questions:

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Special Points of Interest

- **Mark Your Calendars** - Our state chapter's fall training conference will be held in Bismarck on September 28 and 29. More information will be provided in the near future.

Lunch n' Learn Scheduled - August 16th

The training committee has arranged for Emily How from NDSU Extension to present on "Harvesting and Second Plantings: Getting the Most from your Garden".

The Lunch n' Learn will be presented via Teams on August 16, 2023 from noon to 1 pm. A calendar invitation with a

meeting link will be coming soon, so watch your inbox.

If you missed our March Lunch n' Learn which featured Bradley Aune, you can watch the recording from our IAWP Teams folder. Bradley is our veteran's rep in the Fargo Office. We opened that session up to other chapters from

around the country and had representation from three or four states. [Watch it here.](#) Please note, the file may take some time to download and the presentation starts at about 16 minutes into the recording. It plays right away if you open it from the IAWP Teams group. It is in the Recordings folder.



Break time and reading rejuvenates your mind; so take a break, and read The Pulse today!

President's Coffee Chat By Chad Howard

Summer is upon us. Many of you have celebrated recent graduations in your family at the grade school, high school, and college levels. I say congratulations to all of you on your achievements. This is something to be proud of. I know it takes dedication to finish any challenge started.

With the arrival of summer comes the enjoyment of time spent tending to flower and vegetable gardens, keeping the lawn tidy and watered, grilling hot dogs and hamburgers on the patio, walks

in the parks, weekend fishing and camping trips at the lake, and vacations to destinations far and wide. I encourage everyone to take time out and enjoy what the outside world has to offer. Summer concerts and festivals are never that far away from home. Stop at a food truck vendor and order more than you can possibly eat in one sitting. I can't promise you won't regret eating so much but every bite will be worth it.

Six months have passed since I have taken on the position of President of the North Dakota Chapter of IAWP. The Chapter is working diligently behind the

scenes building its volunteer committees into more cohesive units. The work each committee produces builds greater influence in the direction of our Chapter. I am thankful to each person that volunteers time and effort to the organization and for each member that continues in support of the organization. If you would like to volunteer on a committee, at an event, or submit an interesting article for this newsletter please reach out to a member of the Board of Directors or to a volunteer committee.

Thank you and have a safe summer.

Respectful Persuasion Is a Relay Race, not a Solo Sprint - 3 Keys to Putting It in Practice

By Colin Marshall | May 3, 2023 | Government Executive

The 2024 presidential election is still a year and a half away, but it can feel much closer: President Joe Biden [has made his reelection bid official](#), presumed candidates are [giving out-of-state speeches](#), pundits are already [weighing in on nomination hopefuls](#), and social media is, as ever, a mess of people trying to persuade strangers to back their favorite. All for good reason: Even a little political persuasion in the next year could change

the course of history.

I'm a philosopher [who studies and teaches the ethics of persuasion](#). My students are eager to find ways to persuade their friends, family and neighbors about political issues such as climate change and abortion. Moreover, many of them want to persuade with integrity: They want to engage the people they're talking with respectfully, instead of using the manipulative tricks they

regularly see in politics and marketing. But what is respectful persuasion, and what distinguishes it from disrespectful manipulation?

There's no simple formula for respectful persuasion. However, some philosophers see crucial hints in the work of [18th-century philosopher Immanuel Kant](#), whose theory of respect has guided many ethicists and policymakers for the past two centuries.

[Read the article here.](#)

Member Spotlight *continued*

(Continued from page 1)

What kind of music do you like?

Mainly country and western and I love the traditional and like some of the newer country. Favorite is Chris LeDoux – his songs paint a picture in your mind – I love that! Listen to the lyrics of Western Skies or This Cowboy's Hat!

Favorite TV Shows?

I like Dr. Oakley, Yukon Vet, The Secrets of the Zoo, To Catch a Smuggler, and Live PD!

What did you want to be growing up?

Everything from a Formula 1 race car driver, the female version of Jacques Cousteau, a pilot, librarian to an astronaut – how's that for mix?!

Childhood celebrity crush?

I had posters of Tom Selleck on my wall!

What's your game plan if you found yourself in a zombie apocalypse?

I have a very good arsenal of weapons – I did mention I hunt right? I'm ready for them!

Keep Growing - Use Learning Tree Funds

By Susan Ogurek

One of the great benefits of being a ND IAWP member is the opportunity to apply for funds to grow your learning! Whether your learning takes place during the workday, after hours or through volunteering, the ND IAWP may be able to assist with the cost.

Every calendar year, a member is eligible to apply for funds under two categories – education or community and professional development. Monetary awards are based upon the number of years you have been a member of the ND IAWP.

- ◆ One year of membership - \$75.00
- ◆ Two to four years of membership -- \$150.00
- ◆ Five or more years of members -- \$250.00

In the education category a member's spouse/partner or children may apply.

The community and professional development category is for the member only.

Additional information on the Learning Tree is just a click away - <http://www.iawpnd.com/learning-tree.html>. Applications are also available!

Recently, IAWP announced an online course library to grow member's opportunities for professional growth. If you have not had a chance to read the article introducing the library here is the link - <https://iawponline.org/introducing-our-new-online-course-library-enhancing-opportunities-for-professional-growth/>. The list of learning opportunities is incredible – take the time to check out all the offerings at - <https://workforcelearn.com/>

Another benefit of being a member of ND IAWP – take advantage of the opportunities, go grow your learning!



JSND Immigrant Outreach

By Amy Nelson

Our immigrant neighbors across North Dakota are coming to the state for opportunity and relationships. They come, many fleeing difficult situations in their home countries, for safety and the promise of a better life. Often North Dakota ends up being their destination because of pre-existing relationships, whether these are family members who have already settled in ND, or friends who have talked with them about the opportunities here. They stay, however, when they can become rooted in the community with those things we all look for in life: stability, a sense of belonging, and gainful employment. Last year 253 individuals arrived in our state through the Office of Refugee Resettlement (ORR), with this year likely to see between 200 and 243 individuals settled

in North Dakota. The majority of these are coming from Ukraine, followed by Afghan Humanitarian Parolees. We are also seeing an increased number of Cuban and Haitian entrants.* We also host immigrants choosing to move to North Dakota for work opportunities who are coming with a variety of visa situations, such as the H2A Visa program which Job Service helps oversee.

For those who come to North Dakota through ORR, safety and stability are the main focus within the first 90 days. Resettlement agencies like Lutheran Immigration and Refugee Service (LIRS), or affiliates of a resettlement agency such as a church group will work with people arriving in the US to make sure they are set up with adequate housing and supportive services and

enrolled in ESL classes as needed. After 90 days other help kicks in to help meet more long-term goals, including the State Refugee Coordinator, the Career Navigator, and immigrant-focused non-profits such as Bismarck Global Neighbors. Job Service is also an important partner in this work.

Many individuals falling under ORR-eligible populations are wanting to secure employment as soon as possible, and these same individuals can live and work anywhere in the U.S. due to their status. Immigrants offer so much to our communities, including a variety of skills, expertise, and perspectives that can help us address the labor shortage we are experiencing statewide. This is one

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Is That a Capitol I See?

By Erin Pringle

It all started with friends and a camera.

That sounds like a tag line for a movie about a summer buddy road trip romp. It's not that. Although, come to think of it, it's not too far from the truth, either. Aside from the whole movie thing.

The first photo was at the Massachusetts State House. I was wearing a backpack and my good walking sandals, joyfully grinning at the camera while pointing to a building with a gorgeous gold dome. It was taken before I knew it would turn into something more.

In the spring of 2009, I was in my second year as an [AmeriCorps*VISTA](#) (Volunteer In Service To America) at Southern New Hampshire University in Manchester, New Hampshire, working in the Center for Service and Community Involvement. I shared an apartment on campus with Eemaan Rameez, a graduate student from the Maldives. We were both adventurous souls with limited budgets, always on the lookout for something fun and inexpensive to do on weekends and decided to walk the [Freedom Trail](#) in Boston one beautiful June Saturday.

The Freedom Trail is a 2.5-mile walk to 16 nationally significant historic sites, including the Boston Common, Paul Revere House, Bunker Hill Monument, Granary Burying Ground (where a lot of America's notable citizens are buried), Faneuil Hall, the site of the Boston Massacre, and the Massachusetts State House. Eemaan and I took our pictures at each stop along the trail, and, looking back through my photo album from that walk, I took a lot of photos at the Granary Burying Ground. The headstones were in varying stages of decay and absolutely fascinating to me. But I digress...

The second photo was taken in Montpelier, Vermont. My fellow VISTA friends, Mark and Jake, and I made a pit stop at the Vermont State House before heading out of town after a days-long VISTA meeting/training. Once back on the Interstate, Mark, who had seen my

photos from the Freedom Trail, said, "You could make a project out of taking pictures in front of capitols. You've already got Boston and Montpelier. Concord wouldn't be hard to get." Concord was a 20-minute drive from where I was living in Manchester. Totally doable. I had a new mission to take my picture in front of all six State Houses in New England before my VISTA service was up in July 2010.

And with a little help from my friends, I made it happen. Another VISTA meeting/training was close enough to Augusta, Maine to make a quick visit. I was able to visit two capitols in a day when I accompanied a friend home to New York for a weekend: Hartford, Connecticut, and as a bonus, the non-New England State House in Albany, New York. And finally, on one last road trip with Mark and Jake before my VISTA service concluded, we visited Providence, Rhode Island. New England goal accomplished!

I am now nearly half-way there. This summer on a road trip to Texas I snagged my picture in front of my 24th State House: Oklahoma. Since my start in New England, I've learned a couple things on this quest to visit all US Capitol buildings.

1. If you have the time and ability, go into the capitol and, and if they are available, take a guided tour. Each capitol is fascinating in its own way. Some capitols are architecturally stunning, some have interesting histories and stories, and others have historically significant spaces. I find it endlessly interesting to see what each State chooses to highlight and display.
2. I am not the only one who aspires to visit every U.S. capitol. I was wandering around the Washington State Capitol gift shop when I stumbled upon [The Capitol Collection passport](#). This souvenir passport allows visitors to collect

unique passport stamps at each state capitol. Even if you find yourself, like me, obtaining a passport midway through your capitol visits, the passport organizers have a process in place to send you any stamps you've missed. The passport is a fun way to record where you've been and makes a lovely keepsake.

3. Talk to people! I'm an introvert. Pushing myself to initiate conversations isn't always the easiest. However, I've learned over time that State Capitol employees *like* talking to visitors. (Yeah, I know, this should've been obvious, but here we are...) They might share interesting trivia about the building or their state or let you view parts of the building that may otherwise be closed to visitors.
4. I will always prefer a road trip over flying. Nothing can replace the ability to pull off the highway to dip your toes in a crystal-clear stream while driving through the mountains or investigate the magnificent sand dune you unexpectedly find around a bend in the highway. Our country is full of natural wonders to see and explore that you miss while buckled into an airplane, even if you're lucky enough to snag a window seat. Road trips also make it easier to plan your route through capital cities.

Mark, Jake, and I are still friends and keep in touch. They too are on the quest to collect capitols. We plan to meet up to take a picture together in Juneau, Alaska, but it might be a while yet before that happens. All I know is that the journey will end how it started and continues: with friends and a camera.

My Capitols Journey:

2009 – Massachusetts, Vermont
2010 – New Hampshire, Connecticut,
New York, Maine, Rhode Island,
Wisconsin, North Dakota

(Continued on page 6)

Capitols Project continued

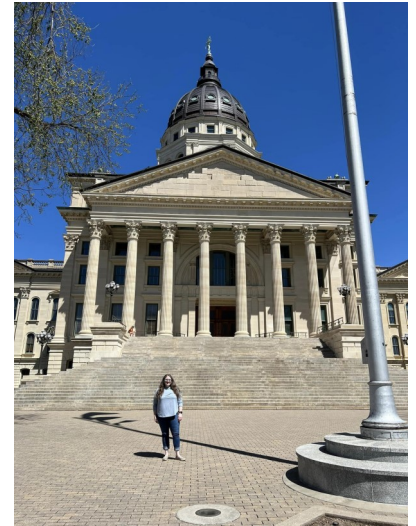
(Continued from page 5)

- 2011 – Minnesota
- 2013 – South Dakota, Nebraska
- 2014 – Oregon
- 2016 – Iowa
- 2018 – Utah
- 2019 – Montana, Washington
- 2021 – Colorado, Nevada, California, Wyoming
- 2023 – Kansas, Texas, Oklahoma

View Erin's Capitols Collection photo album [here](#).



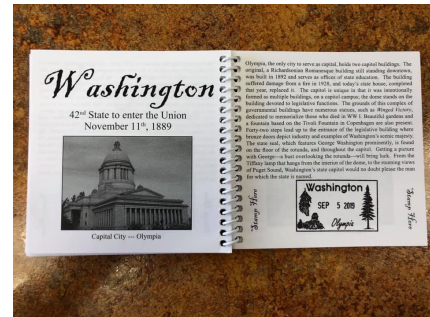
Montpelier, VT



Topeka, KS



Helena, MT

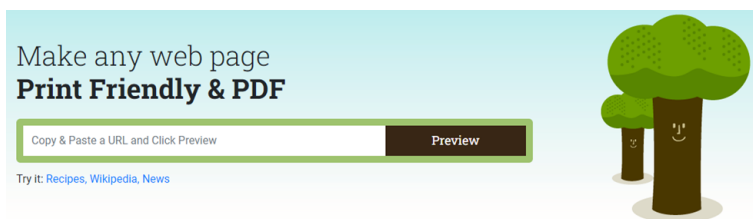


Capitol Passport

Print Friendly By Chad Howard

[Print Friendly & PDF](#) (www.printfriendly.com) is a website I use to print webpages without all those annoying banners and advertisements. Selectively delete undesired content and choose to print, email, or download the result. PrintFriendly cleans and formats web pages for perfect print experience by removing ads, navigation, and web page junk, so you **save paper and ink** when you print. It's free and easy to use. Perfect to use at home or the office.

Copy and paste a website URL into the Print Friendly dialog box and click Preview to get started.



North Dakota Happenings

AAA.com/AAALiving | June/July/August 2023

July 2 – 4

Mandan Rodeo Days Bull and saddle bronc riders, ropers, and barrel racers welcome spectators to the new rodeo grounds. Don't miss the Independence Day fireworks. mandanrodeo.com

July 3 – 4

Art in the Park Festival Vendors, artists, crafters, and shoppers flood Mandan's Dykshoorn Park for a summer shopping and snacking celebration. artintheparknd.com/#

July 4

Bonanzaville 4th of July Carnival & Fireworks Come for the pony rides, games, inflatables, face painting, bingo and more, and stay for the fireworks at dusk. Admission fees support Bonanzaville, a history museum in West Fargo. Fargomoorhead.org/event/bonanzaville-4th-of-july-carnival-fireworks

July 13 – 15

Downtown Fargo Street Fair Vendors from around the country tempt 150,000 visitors with their wares at this massive outdoor shopping, street food and live music event. downtownfargo.com

July 21 – 29

North Dakota State Fair The biggest fair in the state returns with big-name hip-hop and country music headliners, a high-energy midway, and entertainment for the whole family in Minot. ndstate-fair.com

July 22 – 23

Buffalo Days Celebrate Jamestown's deep connections with the buffalo! Events include a parade, a car show, a vendor show and a street dance. discoverjamestownnd.com/events

August 5 – 6

Capital A'Fair Artists and artisans set up shop on the Capitol grounds for this annual outdoor celebration of creativity and commerce. Bismarck-art.org/special-events-calendar

August 5 - 6

Indian Arts Festival Learn from tribal historians, elders, and storytellers at Fort Union Trading Post National Historic Site near Williston. Artists showcase beadwork, quillwork, ledger art, music, and dance. ndtourism.com/Williston/events/festivals-fairs/Indian-arts-festival

August 10

Bacon and Brew at the Zoo This fundraiser for Minot's Roosevelt Park Zoo includes beer and wine samples and music in a festive outdoor setting. rpzoo.com/bacon-brew

August 12

Nesting Doll Painting Class Learn how to paint a matryoshka (a Russian nesting doll) at the Welk Homestead State Historic Site in Strasburg. The class is free for all ages. ndtourism.com/Strasburg/events/exhibits-displays/free-nesting-doll-painting-class-welk-homestead-state-historic-site

August 15

Pipestem Creek Trail Run Race along scenic Pipestem Creek Trail near the Jamestown Reservoir. Choose the 3-mile route or the 8-mile option. jamestownparksandrec.com/events/pipestem-creek-trail-run-2

August 18 - 19

Downtown Street Fair Buskers play to the crowd, and street food vendors sell snacks to shoppers who weave through the booths set up in the heart of Grand Forks. downtownforks.com/downtown-street-fair

September 6 - 10

Harvestfest 2023 Come to Hazen for a parade, food trucks, carnival games, a street dance and so much more. ndtourism.com/hazen/events/festivals-fairs/harvestfest-2023#

September 8 - 10

2023 Bismarck Food Truck Festival Come for 20 food trucks. Stay to build your own derby car, watch Saturday's corgi races and more. facebook.com/events/397585955852516/?ref=newsfeed

September 8 - 10

United Tribes Technical College International Powwow More than a thousand dancers and drummers gather in Bismarck for one of the most popular powwows in the region. unitedtribespowwow.com

Musically Yours

ND Country Fest
ndcountryfest.com
in New Salem for four days of camping and country music,
July 5 - 8



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We're on the Web!
iawpnd.com

Member Benefits At-A-Glance

- ◆ Conferences
- ◆ Education
- ◆ Networking
- ◆ Professional Development/Recognition
- ◆ Publications/Newsletters
- ◆ Learning Tree (funds for training and personal or professional development)

Committees

Communications:

Cindy Lynk, Deanna Saragosa, Erin Pringle,
Jordan Falcon, Jaime Lawler

Conference:

Erin Pringle, Brenda Cornell, Johanna Fajardo,
Jordan Falcon, Jaime Lawler, Cindy Lynk

Membership:

Chad Howard, Dusty Hillebrand, Catherine
Bauer, Johanna Fajardo, Jaime Lawler

Retirement:

Elaine Wentz, Brenda Cornell

Learning Tree:

Susan Ogurek, Elaine Wentz, Mary Houdek,
Nathan Kimball

Training:

Becky Lankow, Mike Deisz, Susan Ogurek,
Lena Trondson

Our Mission

The North Dakota Chapter of the International Association of Workforce Professionals (IAWP) is dedicated to providing networking and professional development opportunities for members to seek solutions to workforce issues.

Our Vision

To provide educational and training opportunities for our membership, to enhance the workforce development profession and to ensure the success of our respective agencies/organizations.

\$\$ Learning Tree Funds Available \$\$

The learning tree committee has funds available for educational and professional development. Remember, educational funds are available to members and their families. Applications are available on our website



<http://www.iawpnd.com/learning-tree.html>

2023 Board of Directors

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